

Curriculum Vitae

GEORGE TAWIL

PROFESSOR OF PSYCHIATRY

Professor in LASALLE University, USA
PhD of Medical School, University of Athens
Fulbright Scholarship, USA
Member of New York Academy
Member of American Psychiatric Association
Noble Laureate, USA

Address: Michalakopoulou 54, Ilisia, 11528 Athens

Tel. 0030/210 7251139

Email: georgiostawil@gmail.com

Education

- Graduate of Medical School, National and Kapodistrian University of Athens, Greece, 1981
- PhD in Psychosomatics, National and Kapodistrian University of Athens, Greece
- Specialty in Psychiatry, Psychiatric Hospital of Athens, 1986-1991
- Specialty in Neurology
- Anthropology-Psychology-Sociology in Beirut Arab University, Lebanon, who he took part in national and international conferences while also participating in relevant seminars
- Mathematics-Physics-Chemistry, Lebanese University, Faculty of Positive Sciences
- Courses of Pharmaceutical, Saint Joseph University of Beirut, Lebanon

- Biology, Middle East University, Beirut, Lebanon
- Folk Psychology, Stanford University, California, USA
- Physiognomic, Harvard University, Boston, USA
- Science of love, Cornell University, New York, USA
- Botany-Pharmacognosy, Wenzhou Medical University, China
- Career Development, New York University, USA
- Attending courses in Judicial Psychology and Psychiatry of General Criminal Law, Law School of University of Athens
- Attending seminars Philosophy of Metaphysics, Delhi University, New Delhi
- Attending courses of Traditional Medicine, Tibet Traditional Medical College, Lhasa

Postgraduate Education

- Svenska Institutet, Stockholm, Sweden
- Saint Xavier University, Chicago, Illinois
- Methodist Hospital and Baylor College of Medicine, Houston, Texas, August 1991
- Attending lectures on treating internal patients in 43C and 43D Units of Milwaukee County Mental Health Complex
- Attending lectures in Psychiatry Department of the Medical College of Wisconsin and Milwaukee County Mental Health Complex
- Participation in the Psychiatry Program, which included Teen Psychiatry, Family Therapy, Sexual Dysfunction Treatment, and Advanced Pharmacotherapy at the Swedish Covenant Hospital, America
- Participation in the program "Psychological Anthropology and the Relationships of Anthropology with Family Therapy", Teachers College Columbia University, New York
- Seminar attendance and participation in research on mental health in the Antilles and Central America in Research Institute for the Study of Man, New York

- Participation in the program for the Care of Adults and Old People of the Presbyterian Care Center Chicago of the Greek-American Community

Research-Publications

- “Psychology and Psychiatry of Ancient Greeks”, PhD Thesis, 1984, consisting of 30 independent abstracts on Classical Ancient Greeks (Aristotle, Hippocrates, Plato etc.) and study of various complexes (Oedipus, Narcissus, Elektra, etc.) Published: Greece’s Weekly , Encephalos, Newspaper “HUMAN MEDICINE”
- Psychosomatic study: From psychosomatics units of Milwaukee county medical complex (6 West) of medical college of Wisconsin) under the supervision of Prof. Nicholas P. Destounis, M.D., Ph. D., by George Tawil, M.D., Milwaukee, Wisconsin, 1991, USA
- “Hostile Personality Characteristics, Dysthymic States and Neurotic Symptoms in Urticaria, Psoriasis and Alopecia”,
G. C. Lyketsos, J. Stratigos, G. Tawil, M. Psaras, C. G. Lyketsos,
Dromokaiton Mental Hospital and Dept. of Skin Diseases, University of Athens, Greece
Published in Boston and republished in Switzerland
(Psychotherapy and Psychosomatics 44: 122-131 (1985))
- Hostile Personality Characteristics, Dysthymic States and Neurotic Symptoms in Urticaria, Psoriasis and Alopecia in an American population
- “Low Dominance and Psychosomatic Illnesses”,
G. Tawil, G. C. Lyketsos, J. Stratigos, J. Iordanoglou, I. Blackburn
(Department of Psychiatry Professional Conference, Frank Auditorium, Evanston, Illinois) 12 June 1984
- “The non- voluntary admission of senior citizens in nursing/retirement homes, Psychosomatic and Dermatologic Consequences (Psoriasis, Alopecia, Urticaria)”

- “Elements of Psychology and Psychopathology in the Arab World”, 1981-1989 (Fifth Psychiatric Clinic of the State Mental Hospital of Athens). Submitted in LA SALLE University, USA
- “Influence of Family Relations on the Chronic Asthmatics”, 1984-1986, at the Allergy Section of the Public Hospital of Athens. Published in 1987 at the “Psychiatric Notes” of the State Hospital of Mental Diseases of Athens No 16 PP SS to 64. It is also considered as an abstract at the Psychological Reports/ Perpetual and Motor Skills
- “Fetal Alcohol Syndrome”, F.A.S, In Swedish Institute in Stockholm
- Psychopathological factors in certain skin diseases
- Group therapy, Greece’s Weekly
- Familiar structure and third age, Greece’s Weekly, April 1991
- “Investigation of impact of anxiety, melancholy and aggressiveness on asthmatics”, published on Encephalos: Archives of Neurology and Psychiatry, <http://www.encephalos.gr/archives.html>
- Disorders of enzymes aldolase and creatine phosphokinase in patients with cutaneous psychosomatic ailments (Urticaria- Psoriasis- Alopecia), Dermatological and Venereological University Hospital Andreas Syggros
- “Personality deviations in patients with allergic asthma and monoamine oxidase disorders”, General Hospital of Athens, “LAIKO”
- Electroencephalic findings in patients with cutaneous psychosomatic ailments (Urticaria- Psoriasis- Alopecia), Military Hospital “NIMITS” 417 and Military Hospital 401
- “Psychological condition of cancer patients, waiting for diagnosis”, General Oncology Hospital Kifissia, “AGIOI ANARGYROI”
- Mental Disorders in Patients with Dermatitis, University Hospital of Skin Diseases

- Causative association of aggression, anxiety, melancholy and personality characteristics of the patient with alopecia, psoriasis and urticaria, Dermatological and Venereological University Hospital A. SYGGROS
- Psychiatric Hospital of Athens:
Researcher in the State Hospital of mental illnesses, in the fifth Psychiatric Clinic and
 1. Elements of psychology and psychopathology of the Arab and European world
 2. Influence of Family Relations on the Chronic Asthmatics
 3. Investigation of impact of anxiety, melancholy and aggressiveness on asthmatics
- Neurology research: Discovery of the unknown electroencephalographic rhythm «L»
- Research and proposals in the field of gerontology
- Third age and cutaneous psychosomatic ailments
- University Hospital-Department of Psychiatry, Lund Sweden, research in psychosomatic disorders
- New methods of handling the psychosomatic disorders and drug abuse problems from the young people

Hospital and University Positions

- Attending Doctor B' in Psychiatry, Psychiatric Hospital of Athens
- Academic Advisor in La Salle University, USA
- Advisor of the Law enforcement committee in Chicago regarding the criminal justice system. He made imports and recommendations on dealing with the drug addicts in prisons
- Scientific Associate and Counselor in **Northwest Chicago Senior Care Center** in the care program for the elderly of the clinic. This specific program, which curated himself, became known internationally and was the first in his class in USA

- Supervisor in the laboratory of Electroencephalograph in the State Psychiatric Hospital of Athens in the Department of Neurology
- Outpatient services of the Allergy department of the General Hospital “King Paul”, for the integration of scientific study
- Consultant and researcher at the National Documentation Center of the National Hellenic Research Foundation
- Participation in clinics, educational activities and in interdisciplinary conferences of Methodist Hospital, Houston, Texas and Baylor College of Medicine, Houston. Attendance the Biofeedback/Relaxation Training technique from the professor F. Perez
- Collaborator-Researcher in the Psychiatric Unit with manic-depressive disorders patients in the Department of Psychiatry and Intellectual Health Sciences of the Medical College of Wisconsin
- Member of the Secondary Medical Committee for the examination of candidates drivers of automobiles and motorcycles under the responsibility of the Prefecture of Western Attica
- Participation in the program of the Mount Sinai Services City Hospital Center, Elmhurst, New York
- Department of Veterans Affairs, Medical Center Milwaukee, Wisconsin
- Citizen Ambassador Program which is led by a delegation of doctors, who visit 3 eastern European countries, University of Pittsburgh Medical Center, Department of Medicine

Fellowships

- Fulbright Scholar Program conducted research at the following universities:
 - Medical Complex of Milwaukee
 - Medical College of Wisconsin
 - Mental Health Complex, Milwaukee County
 - Swedish Covenant Hospital of Chicago
 - Research Institute for the Study of Man in New York
 - Teachers College, Columbia University in New York
 - Baylor College of Medicine in Houston
 - Methodist Hospital in Houston, Texas
- Scholarship Program of the Ministry of National Economy at the Medical School of the University of Athens for doctoral dissertation

- Scholarship from the Ministry of Foreign Affairs for undergraduate studies at the Medical School of the University of Athens
- University Hospital-Department of Psychiatry, Lund Sweden
- Methodist Hospital

Awards

- Who's Who Hall of Fame
- The Who's Who Medal
- Who's Who in the World 18th Edition
- Degree of declaration. Lifetime Deputy Governor. Board of Governors in American Biographical Institute(ABI)
- "STARDUST" WAS LAUNCHED INTO SPACE AND WILL REMAIN FOREVER. IT VISITED THE 'COMET WILD 2' AND CONTINUED HIS ROUTE THE SPACECRAFT WAS CARRYING A MICROCHIP ONTO WHICH HAVE BEEN INSCRIBED THE NAMES OF SCIENTISTS, WHO HAVE BEEN AWARDED BY NASA FOR THEIR OFFER TO MANKIND. ONE OF THE LAUREATE IS THE: ACADEMIC PROFESSOR Dr. GEORGE TAWIL M.D., Ph.D.
- G. Tawil has earned 24th World Psychiatric Association Educational Credits attending the world psychiatric association international and monothematic congress on "crisis" and disasters: Psychosomatic Consequences
- The World Academy of Letters. The master diploma with honors for special honor in Medicine
- The Marquis Who's Who Publications Board
- Outstanding Achievement Awards. Included in the Outstanding People of the 20th Century in Honor to an Outstanding Contribution to Medicine and Psychiatry
- Certificate for Attending the continuing Professional Development Program (Methodist Hospital Houston, Texas)
- Designation of Academic Advisor LA SALLE University

- Certificate of Attendance of the Swedish Covenant (Comprehensive program in Psychiatry)
- Presented with the Master Diploma from the World Academy of Letters
- Citation of Meritorious Achievement
- **Noble Decree** recipient from IBC (2017)
- Albert Nelson Marquis Lifetime Achievement Award, Marquis Who's Who (2019)
- **Top Doctors** Marquis WHO'S WHO (2020)
- **Marquis Who's Who Magazine Millenium 6th Edition (2020)**
- **One of Who's Who in the World (2021)**
- **Humanitarian Award (2021)**

Participation in scientific conferences and meetings

- 1st Panhellenic Sociological Conference on "Modern Social Problems and the Role of Sociology in Greece at the National Research Foundation, Athens, December 1984
- International Symposium on Social and Community Psychiatry in the 1980s, Psychiatric Clinic of the University of Athens, October 1984
- International Symposium on Schizophrenia "Modern Biosocial Developments", Psychiatric Clinic University of Athens, October 1984
- Low Power Diseases and Psychosomatic Diseases, Evanston Hospital, June 1984

- 1st Conference of Geriatrics and Gerontology of the Society of Northern Greece with international participation with international theme: "Psychiatry, Risk, Justice", Psychiatric Clinic of the University of Thrace and the French Institute, May 1987
- 11th Panhellenic Congress of Neurology, 10-13 December 1987
- 14th Panhellenic Medical Congress, 3-7 May 1988
- Seminar "Therapy of Hypertension, Contemporary Principles and Applications", Hellenic Society for the Study of Hypertension, 1988
- Seminar "Parasites and Medicinal Fungi for the Hellenic Area", Hellenic Microbiological Society, September 1988
- Seminar on "The Laboratory of Immunology in Clinical Rheumatology", Hellenic Rheumatological Society & Laboratory of Immunology, Department of Pathology, University of Ioannina, 1988
- 8th World Congress of Psychiatry, October 1989
- 4th Panarabian Congress of Psychiatry, December 1989, Yemen
- Subject "Psychoanalytic Psychotherapy, Conjugal and Family Therapy, Forensic Psychiatry and Psychopharmacology, Mount Sinai Medical Center, New York, 1989-1990
- 1st International Phytotherapy Symposium, Athens 1990
- Seminar by the Psychiatric Sector of the Greek Psychiatric Society and the Department of Psychological Pediatrics of the Children's Hospital Agia Sofia, Theme: "Psycho-emotional development of the adolescent", April 1990
- Symposium "Problems in the Climacteric and Menopause" by the Gynecological and Endocrinological Department of the PGNA "Evangelismos", March 1991
- Panhellenic Symposium on "Mental Health", Psychiatric Hospital of Attica, November 1991

- Seminar on "Psychoanalytic Comprehension of Adolescence", Society of Social Psychiatry and Social Health, 1992-1993
- Understanding the behavioral changes and meeting the patient's needs with Alzheimer's disease, Μάρτιος 1993
- 2nd Panhellenic Pediatric – Neurologic Congress of the Hellenic pediatric neurologic Association, December 1991
- History of Medicine, Park Central Hotel, N. York 1994
- 4th Panhellenic Conference of Gerontology and Geriatrics, 1995
- 4th European Meeting Group Analysis of Athens "The difficult patient and group analysis", Institute of Group Analysis of Athens, Society for Group Analysis of Greece, 1995
- 4th International Psychoanalytic Symposium of Delphi, 1996
- Scientific Conference on Oncogenes and Cancer, Hellenic Microbiological Society, 1997
- The Crisis of Modern Personalization and the Hellenic Experience ", Open Psychotherapeutic Center, Institute of Group Analysis of Athens, 1997
- Scientific Meeting on "Asthma", Hellenic Microbiological Society, 1998
- Scientific Conference on "Endocarditis", Hellenic Microbiological Society, 1998
- Family Therapy Seminar on "Psychotherapy: With or without Family", Open Psychotherapeutic Center, Institute of Group Analysis of Athens, 1998
- Scientific Meeting on "The position of growth factors in inhibiting the progression of renal damage", Hellenic Microbiological Society, 1998

- 17th Medical Congress of Armed Forces, 1998
- 15th Panhellenic Congress of Psychiatry, 1998
- Workshop on "Obsessive Compulsive Disorder and Teak Disorders in Children and Adolescents: New Developments-New Data, Society for the Mental Health of Children and Adolescents, 1999
- Annual Post-Training Courses for Diabetes Mellitus 21st Year and Specialized Discussion on Diabetes Mellitus 13th Year under the auspices of European Association for the Study of Diabetes, 1999
- International Psychogeriatric Association and Royal College of Psychiatrists' Faculty of Old Age "Non-Alzheimer Cognitive Impairment", 2000
- Conference on "Psychopharmacology", Harvard Medical School, Massachusetts General Hospital, Οκτώβριος 2001
- 8th Panhellenic Congress of Pathology, October 2002
- Conference on "Psychopharmacology of Children and Adolescents", Harvard Medical School, Massachusetts General Hospital, March 2002
- Participation in the Alzheimer's and Parkinson's Diseases: Progress and New Perspectives, 8th International Conference AD/PD, Salzburg, Austria, March 14-18 2007
- 5th Congress of Greek Society of the New Lacanian School of Psychoanalysis on "Psychoanalytic Transfer", Athens Concert Hall, 19-20 May 2007
- Meeting of the Greek Society for the Management of Mental and Sexual Health on: Nursing and Sexuality, Athens Concert Hall, June 2007
- Scientific Workshop "Anxiety Disorders: From diagnosis to treatment", Branch of clinical psychopharmacology of the Hellenic Psychiatric Association, Mykonos, 16 June 2007

- Preventive Medicine and Dentistry
- VII World Congress of Psychiatry “Treatment of negative symptoms in schizophrenia”
- World Psychiatric Association “Optimizing outcomes of Schizophrenia”
- 6th Panhellenic Conference of Greek Society for Multiple Sclerosis
- South-East European Society for Neurology and Psychiatry “Regional Meeting on Sleep”
- Symposium of the Greek Society for Mental Health and Neuropsychiatry of the Child on the subject: Post-traumatic Stress Syndrome in Child in Greek Context
- Workshop Alzheimer's Center for World Alzheimer Day on "Care for patients with dementia", September 2007
- 3rd Panhellenic Congress on Breathing and Sleep, Subject: "Beyond Apnea", January 2007, Athens
- Symposium on "Modern views on Attention Deficit / Hyperactivity Disorder (reasoning, evaluation, intervention), Hellenic Society for Mental Health and Neuropsychiatry of the Child
- 1st Psychiatry Congress of Eastern Europe, Eastern Europe and Balkan Psychiatric Society, September 2007
- 15th Annual Panhellenic Medical Conference on “Hypertension theory and practice”, Greek Society for the Study of Hypertension
- Open discussions on Mental Health issues. Mental Health Center of the Municipality of Athens
- Scientific Conference "The Future of C.M.H.: Scientific Issues and Institutional Prerequisites", held at the National Research Center under the auspices of the Center for Mental Health

- International Conference on Bipolar Disorders by the Hellenic Society for the Advancement of Psychiatry and Related Sciences and the World Federation of Societies of Biological Psychiatry, February 2011
- Public awareness campaign on health prevention. Organized by the Greek Cardiology Society and the Panepirotic Confederation of Greece, January 2016
- 42nd Annual Panhellenic Medical Congress "Mechanisms of Action of *Saccharomyces boulardii*", May 2016
- 21st International Congress of EPPSEP "Neuropsychiatric, Psychological & Social Developments and Challenges", May 2016
- 5th Pan-Hellenic Interdisciplinary Conference of Special Psychiatric Hospitals & 3rd Pan-Hellenic Congress of Holistic Treatment of Serious Mental Disorder, September - October 2016

Member of Scientific Associations

- Illinois Psychological Association
- American Society for Psychosomatic Obstetrics and Gynecology
- American Philosophical Association
- International Psychogeriatric Association
- Hellenic Psychiatric Association
- American Chemical Society
- American Psychiatric Association
- American Association for the Advancement of Science
- THE PLANETARY SOCIETY
- The World Book of Knowledge
- Medical Association of Athens
- New York Academy of Sciences
- American Psychosomatic Society
- American Association for the History of Medicine
- Hellenic Society of Hypertension
- Hellenic Medical Society for the Study of Psychosomatic Problems

- The Royal College of Psychiatrists
- Hellenic Society for Mental Health and Child Psychiatry
- Hellenic Society of Neurology and Psychiatry
- Hellenic Society of Mental Health & Child's Neuropsychiatry
- World Psychiatric Association
- Royal Society of Medicine Library
- American Association for the Advancement of Science
- Academy of Psychosomatic Medicine-The organization for Consultation and Liaison Psychiatry, Illinois, Chicago
- Regular member of the Parnassos Philological Association